

# The Inhibitory Effect of Methotrexate on PAF-Induced Neutrophil and Eosinophil Locomotion in Asthmatic Patients

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Asthma is characterized by narrowing of airways in response to a variety of specific agents (eg aeroallergens) and to non-specific stimuli (eg exercise, cold air, and chemical irritants). In most patients with episodic asthma, bronchoconstriction is readily reversed by adrenergic bronchodilator agents, which exert their effect through relaxation of bronchial smooth muscle. Patients with chronic and severe clinical asthma exhibit pathological changes that are consistent with inflammation of the airways and characterized by influx of inflammatory cells, such as eosinophils, neutrophils and mononuclear cells, into the lumen of the airways and peribronchial tissue.<sup>1</sup> During an allergen-induced asthmatic response, the influx of inflammatory cells into the peribronchial tissues is triggered by a variety of cellular chemotactic mediators including eosinophil chemotactic factor (CEF), neutrophil chemotactic factor (NCF), leukotriene B<sub>4</sub> (LTB<sub>4</sub>), and platelet activating factor (PAF).<sup>2</sup> Activation of eosinophils and other inflammatory cells leads to the release of toxic granular proteins as well as bioactive mediators that promote

**SUMMARY** We have tested the effect of methotrexate (MTX) on platelet activating factor (PAF)-induced neutrophil and eosinophil locomotion, neutrophil leukotriene B<sub>4</sub> (LTB<sub>4</sub>) generation and mononuclear cell DNA synthesis. Neutrophils from patients treated with low dose methotrexate showed reduced PAF-induced chemotactic responses ( $727.8 \pm 72.2/10$  HPF vs  $481.9 \pm 87.3/10$  HPF,  $p < 0.05$ ). Both MTX and the specific PAF antagonist BN-52021 significantly inhibited PAF-induced eosinophil and neutrophil locomotion in a dose-dependent manner. MTX also reduced calcium ionophore-driven LTB<sub>4</sub> generation from the neutrophils of asthmatics ( $358.9 \pm 39.5$  pg/ $10^6$  cells vs  $240.1 \pm 29.1$  pg/ $10^6$  cells,  $p < 0.05$ ) and attenuated PHA-induced mononuclear DNA synthesis as shown by a reduction in <sup>3</sup>H-thymidine uptake and propidium iodide staining. These findings support the view that the beneficial effects of MTX in asthma may be due not only to its anti-mitotic effects on the proliferation of mononuclear cells but also to direct effects on granulocyte locomotion and production of LTB<sub>4</sub>.

enhancement of mucous secretion, bronchial edema, and bronchoconstriction.<sup>3</sup>

Asthma treatment strategies, therefore, include not only drugs that produce bronchodilation but also medications that control or prevent airway inflammation. Oral or topical corticosteroids are very effective for long-term control of daily asthmatic symptoms. In addition to modulating airway inflammation, corticosteroids also decrease bronchial hyperresponsiveness.<sup>4</sup> Despite their excellent anti-inflammatory properties long-term administration of systemic steroids is

associated with significant adverse effects. For this reason, clinical investigators have begun to examine other anti-inflammatory drugs in asthma.

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Medications such as azathioprine, methotrexate (MTX), colchicine, gold salts, and cyclosporin A have all been tried in asthma with variable results.<sup>5-7</sup> Amongst them, MTX has a more favorable safety record.

MTX has been used successfully in the therapy of cancer,<sup>8</sup> psoriasis,<sup>9</sup> psoriatic arthritis,<sup>10</sup> polymyositis,<sup>11</sup> and rheumatoid arthritis.<sup>12</sup> In recent studies, Mullarkey *et al*<sup>13,14</sup> have demonstrated that low-dose methotrexate may be useful as an adjunctive therapy to corticosteroids in patients with steroid-dependent asthma, although others have found MTX has no effect.<sup>15</sup> Despite the clinical benefits of MTX, the mechanisms by which MTX works in asthma remain uncertain.

PAF is a potent eosinophil-tactic agent<sup>2</sup> and is able to enhance bronchial hyperreactivity.<sup>16</sup> The effects of MTX on PAF induced eosinophil locomotion have never been reported. In this study, MTX was tested for its effects on PAF-induced neutrophil- and eosinophil-locomotion, neutrophil LTB<sub>4</sub> production, mononuclear cell proliferation and DNA synthesis. The effect of MTX on neutrophil chemotaxis in asthmatics was also investigated after treatment.

## MATERIALS AND METHODS

### Patient selection

The diagnosis of bronchial asthma was confirmed by more than 15% improvement of forced expiratory volume in one second (FEV<sub>1</sub>) following inhalation of a  $\beta_2$ -adrenergic bronchodilator. Patients with steroid-dependent asthma were defined as those who had low serum immunoglobulin E, negative skin test for common aeroallergen, and required an average of 15 mg of prednisolone a day taken for at least 1 year in addition to  $\beta_2$ -adrenergic drugs and theophylline. Twenty-one cases were selected

in this study. Eight of them treated with MTX (15 mg oral use per week) for at least 6 months. After therapy the MTX-treated group required markedly reduced doses of prednisolone ( $15.6 \pm 2.4$  mg/day vs  $4.4 \pm 2.4$  mg/day  $p < 0.01$ ,  $n = 8$ ).

### Preparation and culture of peripheral blood mononuclear cells (MNC)

Human peripheral venous blood from normal healthy donors was mixed with 10 U/ml of heparin, and diluted 1:1 with RPMI-1640 containing 25 mM HEPES and 4 mM L-glutamine. Twenty millilitres of diluted blood were layered over 10 ml of Ficoll-Paque in 50 ml polypropylene tubes (Falcon-2070), and centrifuged at  $1,000 \times g$  for 25 minutes at 20°C. The final MNC pellet was resuspended at a concentration of  $2 \times 10^6$  cells/ml in RPMI-1640 tissue cultured medium buffered with 25 mM HEPES containing 4 mM L-glutamine, 100 U/ml penicillin and 100  $\mu$ g/ml streptomycin. One millilitre of cell suspension in  $12 \times 75$  mm tissue culture tubes was incubated with different concentrations of methotrexate (Sigma Chemical Co., St Louis, MO, USA) and 5  $\mu$ g/ml phytohemagglutinin (PHA) (Sigma) for varying lengths of time in 5% CO<sub>2</sub> atmosphere at 37°C and 95% humidity. Cells were incubated with PHA or MTX for 24 hours, washed twice, and cultured for another 72 hours in tissue culture medium containing 10% fetal bovine serum. After incubation, the sterile and cell-free supernatants were collected by centrifugation, aliquoted and stored at -70°C until testing. Cell viability, as assessed by trypan blue dye exclusion, was greater than 90% after culture.

### Neutrophil and eosinophil preparation

Heparinized (10 U/ml) peripheral venous blood from normal healthy donors (five parts) was

mixed with one part of dextran and sedimented at 37°C for 30 minutes. For neutrophil preparation, the leukocyte-rich supernatant was layered over Ficoll-Paque and centrifuged at  $1,000 \times g$  for 20 minutes. After removal of the cells from the interface, the pellet cells were lysed with lysis buffer (NH<sub>4</sub>Cl 8.2 gm and KHCO<sub>3</sub> 1.0 gm in 1.0 l distilled water, pH 7.3) at 4°C. Neutrophils were washed twice in RPMI-1640 at 4°C, and counted in a modified hemocytometer using Kimura stain.<sup>17</sup> Only cell suspensions containing > 95% neutrophils were used for experiments. Human eosinophils were obtained and separated from patients attending a routine allergy clinic with either allergic rhinitis or bronchial asthma, who were found to have an eosinophilia between 5% to 20% and total eosinophil count > 500/mm<sup>3</sup>, or from in-patients with hypereosinophilia admitted to our medical ward. For eosinophil preparation, leukocyte-rich supernatant was removed and washed twice in RPMI-1640, 1 ml aliquots, each containing the cells from 10 ml blood, were layered onto discontinuous metrizamide gradients in 15 ml conical tubes. The gradient consisted of 2 ml aliquots of 25, 23, 22, 21, 20 and 18% w/v metrizamide in Tyrodes/gelatin buffer.<sup>18</sup> Tubes were centrifuged at  $1,200 \times g$  for 45 minutes at 20°C, and the eosinophils were recovered from the 23/25% interface (metrizamide densities 1.123 to 1.129 g/ml) with a purity greater than 85%. The cells were washed twice in RPMI-1640 and reconstituted to  $4 \times 10^6$  cells/ml. Only normal density eosinophils were used for assay.

### Cell proliferation assay and cell cycle analysis

Proliferation was assessed by incubating 100 ml of  $2 \times 10^5$  MNC in triplicate using 96-well, round-bottomed microtitre plates (Flow Laboratories, Rickmansworth,

Herts, UK). Tritiated thymidine ( $^3\text{H-TdR}$ ,  $0.66 \mu\text{Ci/well}$ ) was added during the final 6 hours of incubation. The cells were collected on GF/C, glass fibre paper (Ilacon Ltd., Tonbridge, UK) using a multi-harvester apparatus. Radioactivity was determined in a liquid scintillation beta-counter. Cell cycle analysis was performed on a Counter FACS analyser (Coulter Electronic Inc, FL, USA). Cells, after culture, were stained for DNA with propidium iodide  $50 \mu\text{g/ml}$  in  $0.15 \text{ M}$  PBS containing  $0.1\%$  triton-X 100 for 20 minutes at  $37^\circ\text{C}$ ,  $5\%$   $\text{CO}_2$  incubator, then analysed with FACS analyser.

#### **$\text{LTB}_4$ production from neutrophils**

Neutrophils  $2 \times 10^6/\text{ml}$  were pretreated with MTX ( $10^{-5}\text{M}$ ) or RPMI-1640 for 90 minutes at  $37^\circ\text{C}$ , then washed twice with RPMI-1640. Cells were stimulated with calcium ionophore ( $4 \mu\text{g/ml}$ ) for 30 minutes at  $37^\circ\text{C}$  without agitation. The cell-free supernatants were collected by centrifugation ( $400 \times g$ , 10 minutes,  $4^\circ\text{C}$ ) and stored at  $-80^\circ\text{C}$  prior to  $\text{LTB}_4$  assay.

#### **Radioimmunoassay of $\text{LTB}_4$**

$\text{LTB}_4$  was assayed in duplicate with a double antibody radioimmunoassay using  $\text{LTB}_4$  assay kits (NEN Research products, Boston, MA, USA). Samples and standards were diluted in buffer ( $100 \mu\text{l}$ ), mixed with  $50 \mu\text{l}$  of a dilution of antiserum and then  $50 \mu\text{l}$  of tracer ( $14, 15\text{-}^3\text{H-LTB}_4$  in assay buffer). Tubes were incubated overnight at  $4^\circ\text{C}$  on an orbital shaker prior to the addition of  $400 \mu\text{l}$  of charcoal in buffer, and then incubated on ice for another 2 hours, centrifuged at  $2,000 \text{ g}$  for 15 minutes at  $4^\circ\text{C}$ , and  $300 \mu\text{l}$  of the supernatant was removed and transferred to scintillation vials together with  $3 \text{ ml}$  of optiphase scintillation fluid (LKB-Pharmacia, Milton Keynes, Bucks, UK). Samples were "counted" on a beta-counter, and compared to a

standard curve constructed with known concentrations of  $\text{LTB}_4$ .

#### **Extraction of $\text{LTB}_4$ and identification with reverse phase HPLC**

Samples were extracted with C18 Sep-pak columns (Waters Associates, MA, USA), then resuspended in HPLC running buffer and separated on a  $5 \mu\text{g}$  Nucleosil C18 column (Macherey-Nagel, Duren, Germany) eluted at  $1.0 \text{ ml/minute}$  with running buffer [methanol:water:acetic acid:orthophosphoric acid (70:29:0.07:0.03), pH 5.4] for 30 min, followed by 20 minutes gradient to washing buffer [methanol: water:orthophosphoric acid:acetic acid (95:4.9:0.07:0.03)]. Each HPLC fraction was dried on the Speed-Vac concentrator and reconstituted for assay of  $\text{LTB}_4$  immuno-reactivity.

#### **Chemotaxis assay**

Chemotaxis was assayed using a modified Boyden Chamber as previously described.<sup>19</sup> A 48 blind well chemotaxis chamber (Nuclepore filtration product Costar Co., Cambridge, MA, USA) and polycarbonate filters (Sartorius membrane,  $3 \mu\text{m}$  pore size) were used in the assay. Neutrophils (purity  $>95\%$ ) were suspended in Hanks balanced salt solution (Gibco Ltd) containing  $0.4\%$  ovalbumin (type IV Sigma Chemical Co.). PAF and control buffer ( $25 \mu\text{l}$ ) were placed in the lower compartment of the chemotaxis chamber, and the neutrophil suspensions (with or without MTX treatment,  $25 \mu\text{l}$  at  $5 \times 10^6$  cells/ml) were placed in the upper compartment. Following incubation at  $37^\circ\text{C}$  for 90 minutes the filters were removed, fixed and stained as previously described.<sup>19</sup> Neutrophils that had migrated through the entire thickness of the filter were counted and the results were expressed as the total number of cells in 10 random high-power fields (HPF). Samples were assayed blind in triplicate with an intra-assay variation of  $<20\%$ . In eosinophil chemotaxis experi-

ments, the filters were washed in normal saline, fixed in saturated mercuric chloride/ethanol (50:50) for 60 minutes, then stained with hematoxylin for 20 minutes and Chromotrope 2R for 30 seconds.

#### **Statistical analysis**

The modulatory effect of MTX on PAF-induced eosinophil and neutrophil locomotion and calcium ionophore induced  $\text{LTB}_4$  production was compared using two-tailed paired Student's *t* test. The chemotactic responses of neutrophils between asthmatics with and without MTX treatment were compared using non-paired Student's *t* test.

## **RESULTS**

#### **The effect of MTX on PHA-stimulated MNC proliferation and DNA synthesis**

MNC proliferation was inhibited by MTX in a dose-dependent manner ranging from  $2 \times 10^{-4}$  to  $2 \times 10^{-11}\text{M}$  (after 4-day culture) as determined by  $^3\text{H-TdR}$  uptake (Fig. 1A). There was a transient increase of  $^3\text{H-TdR}$  uptake after 2 and 3 days of culture. Cell cycle analysis using propidium iodide staining technique showed that the proportion of cells in  $\text{G}_2\text{-M}$  phase in PHA stimulated MNC were  $16.97 \pm 1.00\%$ , which reduced to  $5.45 \pm 0.55\%$  in the presence of MTX and PHA. The reduced proportion of cells in  $\text{G}_2\text{-M}$  phase was comparable with the reduction in  $^3\text{H-TdR}$  uptake (Table 1).

#### **The effect of MTX on PAF-induced eosinophil and neutrophil chemotactic activity.**

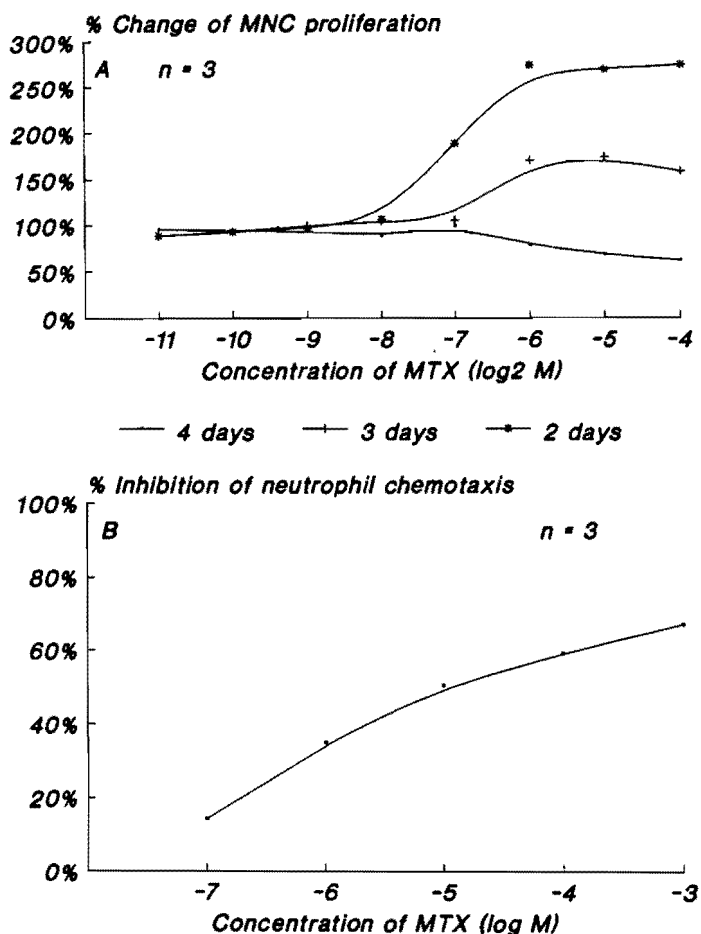
The chemotactic response of neutrophils to PAF ( $10^{-6}\text{M}$ ) was inhibited by MTX in a dose-dependent manner ranging from  $10^{-3}$  to  $10^{-7}\text{M}$  (Fig. 1B). The dose of MTX causing fifty percent inhibition of neutrophil chemotaxis was  $10^{-5}\text{M}$  (Fig. 1B). When the neutrophils were obtained from MTX-treated

**Table 1.** The effect of MTX on MNC proliferation and DNA synthesis.

	RPMI-1640	MTX	PHA	PHA + MTX
G <sub>0</sub> -G <sub>1</sub>	90.31 ± 1.95%	89.05 ± 1.97%	73.54 ± 1.48%	88.15 ± 1.03%
S	4.62 ± 1.28%	5.69 ± 1.46%	9.95 ± 0.82%	6.67 ± 0.70%
G <sub>2</sub> -M	5.07 ± 0.83%	5.26 ± 0.99%	16.97 ± 1.00%	*5.45 ± 0.55%
<sup>3</sup> H-TdR uptake (cpm)	498.1 ± 121.7	ND	20,156.2 ± 2797.6	*8,454.7 ± 1468.1

\* p &lt; 0.01, in comparison with PHA group (n = 16)

ND = not determined



**Fig. 1.** The dose response of MTX to MNC proliferation and neutrophil chemotaxis. Fig. 1A: MNC cultured with PHA and MTX for varying lengths of time. The MNC proliferation was detected by <sup>3</sup>H-TdR uptake. Data represent mean of three experiments. Fig. 1B: Neutrophils pretreated with varying concentrations of MTX then tested for its chemotactic activity in response to PAF. Data represent the mean of three experiments.

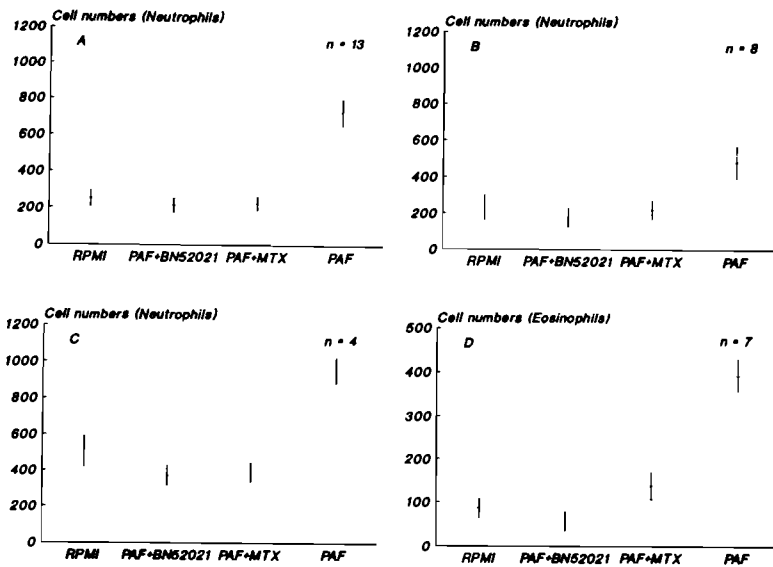
patients, the chemotactic response was  $481.9 \pm 87.3/10$  HPF (Fig. 2B). This chemotactic response was significantly reduced when compared with that of MTX-untreated group ( $727.8 \pm 70.2/10$  HPF) (Fig. 2A).

Neutrophils obtained from asthmatics and normal subjects could both be inhibited by MTX *in vitro*. The percentage of inhibition was  $67.9 \pm 4.1\%$  in MTX-untreated group,  $56.9 \pm 3.8\%$  in MTX-treated group and  $59.9 \pm 2.3\%$  in normal subjects. The potency of inhibition was comparable with BN 52021 (Fig. 2).

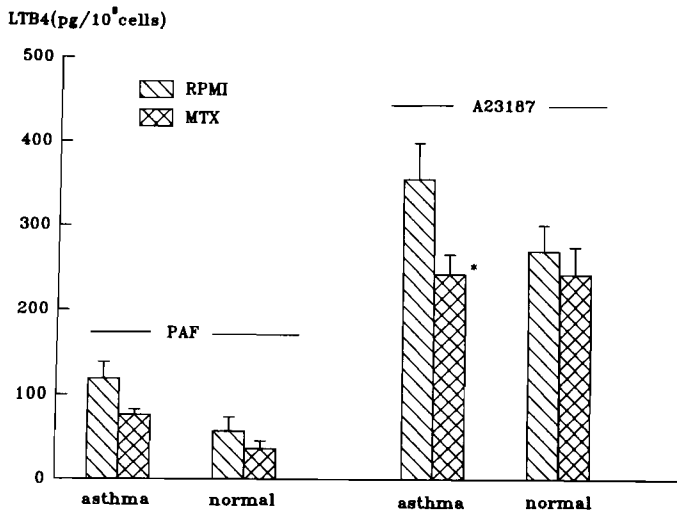
The PAF-induced eosinophil chemotactic response was also reduced markedly by MTX. The inhibitory effect of MTX was comparable to that of the specific PAF antagonist BN 52021 (Fig. 2D).

#### The effect of MTX on neutrophil LTB<sub>4</sub> production from asthmatics

Both calcium ionophore and PAF induced LTB<sub>4</sub> release from neutrophils. The LTB<sub>4</sub> production from neutrophils reduced with MTX in both asthmatic and normal subjects. However, only the effect of calcium ionophore induced LTB<sub>4</sub> release in asthmatics reached a statistically significant level. The inhibitory effect of MTX on PAF induced LTB<sub>4</sub> release was trivial in both asthmatic patients and normal (Fig. 3).



**Fig. 2.** Effect of MTX on granulocyte locomotion: neutrophils from MTX-untreated asthmatic (A), MTX-treated asthmatics (B), normal subjects (C) and normal density eosinophils from hyper eosinophilic subjects (D) were tested for the PAF-induced chemotactic activity. Both MTX and BN 52021 were used to inhibit granulocyte locomotion. Data were expressed as cell numbers/10 HPF. The results represent the mean  $\pm$  sem.



**Fig. 3.** Effect of MTX on PAF- and calcium ionophore-induced LTB<sub>4</sub> release from neutrophils of asthmatics (n=9) and normal subjects (n=9). MTX was used to reduce LTB<sub>4</sub> release. The results represent mean  $\pm$  sem of 9 experiments. \* p < 0.05, comparing MTX and RPMI treated A23187-induced LTB<sub>4</sub> release from neutrophils of asthmatics.

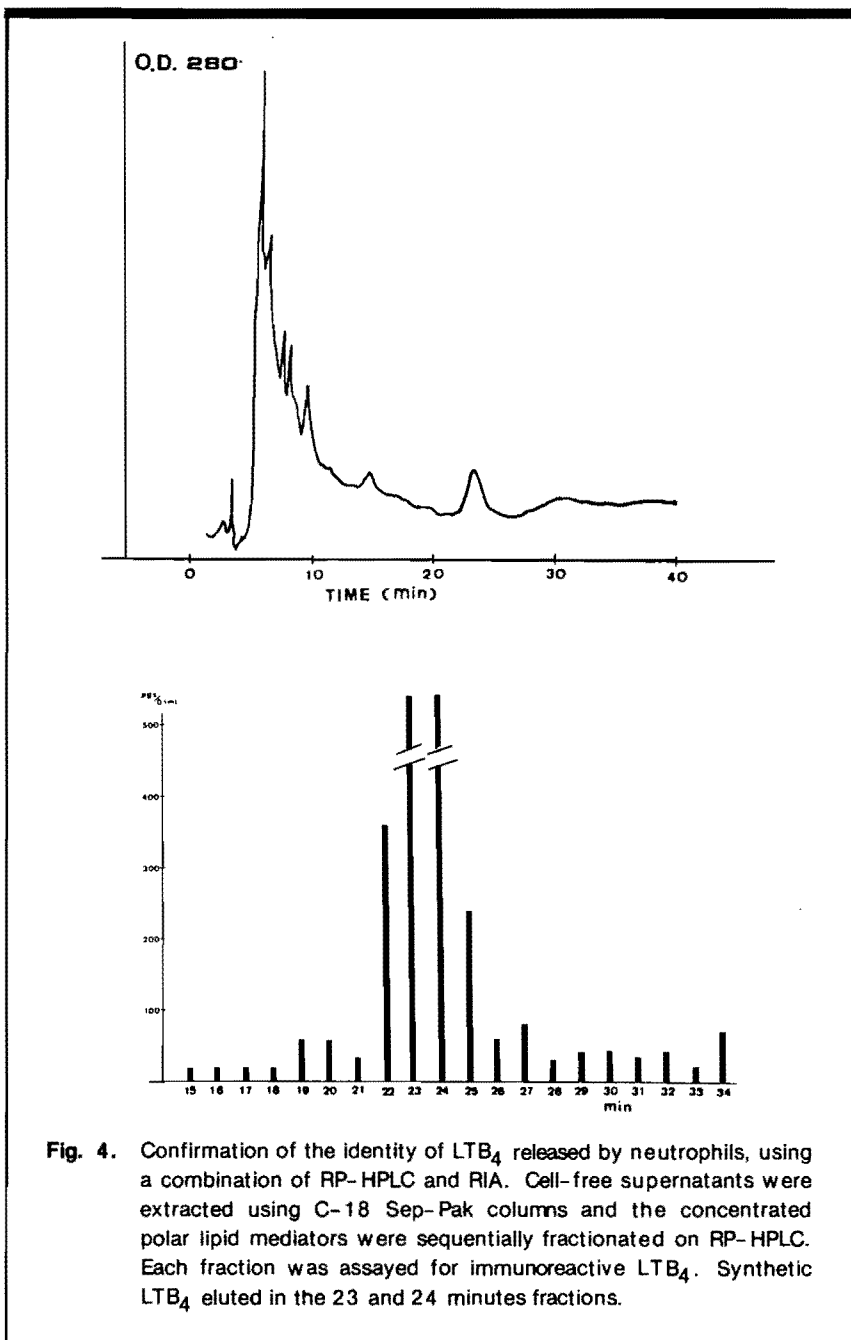
The identity of LTB<sub>4</sub> immunoreactivity generated by neutrophils was confirmed by both RP-HPLC and assay LTB<sub>4</sub> immunoreactivity in the fractions. The peak of immunoreactivity was coeluted with synthetic LTB<sub>4</sub> (Fig. 4).

**DISCUSSION**

This study has demonstrated that MTX could inhibit PAF-induced eosinophil- and neutrophil-chemotaxis *in vitro* and the neutrophil chemotactic response to PAF *in vivo*. MTX also reduced calcium ionophore induced LTB<sub>4</sub> release in asthmatics *in vitro*. In addition to the inhibition of granulocyte function, MTX could also suppress PHA-stimulated MNC proliferation and DNA synthesis.

It has been reported previously that MTX can inhibit neutrophil chemotaxis induced *in vitro* by LTB<sub>4</sub> and C<sub>5</sub>a.<sup>20-22</sup> In the present study, MTX also inhibited neutrophil chemotaxis induced by PAF. These results indicated that the inhibitory effect of MTX on neutrophil chemotaxis may not be exerted through a PAF specific receptor on neutrophils. Since PAF-induced neutrophil- and eosinophil-chemotaxis were both inhibited by MTX and granulocyte viability was over 85% after MTX treatment, the inhibitory effect of MTX does not appear to be due to cytotoxicity. More detailed investigation of the subcellular pathway of activation is needed to clarify the precise mechanism of inhibition.

PAF has shown to play an important role in the pathogenesis of bronchial asthma.<sup>23,24</sup> PAF not only induces eosinophil locomotion,<sup>2</sup> but also enhances bronchial hyperresponsiveness after inhalation in man.<sup>17</sup> We have demonstrated that MTX, as well as the PAF antagonist BN 52021, could inhibit PAF-induced eosinophil chemotaxis, suggesting that MTX might play a therapeutic role in



**Fig. 4.** Confirmation of the identity of  $LTB_4$  released by neutrophils, using a combination of RP-HPLC and RIA. Cell-free supernatants were extracted using C-18 Sep-Pak columns and the concentrated polar lipid mediators were sequentially fractionated on RP-HPLC. Each fraction was assayed for immunoreactive  $LTB_4$ . Synthetic  $LTB_4$  eluted in the 23 and 24 minutes fractions.

PAF induced eosinophil accumulation in asthma. Eosinophils are heterogeneous, consisting of both normal and light density cells which may differ in functional properties. Several experiments using normal- and light-density eosinophils from the same donors have shown that locomotion is greater in light-density than in normal-density eosinophils (data not shown). The eosinophils

used in our study were obtained from patients with a considerable eosinophilia and were predominantly of light density. However, only highly purified eosinophils of normal density were used for the chemotaxis assay to avoid preactivation of eosinophils.

$LTB_4$  is a potent neutrophil activator, which is generated by neutrophils after calcium ionophore

stimulation.<sup>25</sup> The reduction by MTX of  $LTB_4$  release from neutrophils has been suggested as the principal mechanism of the therapeutic effect of MTX in rheumatoid arthritis.<sup>26</sup> Our results showed that MTX could reduce the ability of neutrophils release  $LTB_4$  in asthmatics, when stimulated with calcium ionophore. These results indicated that the therapeutic efficacy of MTX in bronchial asthma may be through the reduction of  $LTB_4$  release from neutrophils.

It has been reported that MTX may increase cellular avidity for uptake of thymidine. It may therefore be preferable to use alternative markers of DNA synthesis, such as propidium iodide.<sup>27</sup> We also observed an increase in PHA-induced thymidine uptake after 2 and 3 days of culture, however, thymidine uptake decreased after 4 days of culture even though MTX had been removed after 24 hours. Cell viabilities were all above 85% at the end of 4 days culture. The decrease in DNA synthesis was confirmed by FACS using the propidium iodide DNA staining technique. These results suggest that MTX also has profound effect on mononuclear cell proliferation.

Given the increasing recognition of the long-term severe morbidity and mortality of steroid-dependent bronchial asthma, our results showing reduced neutrophil locomotion after MTX therapy might provide a good rationale for that therapy. The results of the *in vitro* study further indicate that MTX is not only an antimetabolic agent, but also a potent antiinflammatory agent. The potent anti-inflammatory effect of MTX and its clinical benefit in asthma lend support to the concept of the inflammatory basis of asthma.

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